

LADIES' HomeJournal

MARCH 2011

Smarter Ways To
**Organize
Your
Kitchen**

A Get-Real Guide
To Romance
For Grown-Ups

PRETTIEST
NEW CLOTHES
FOR SPRING

**EASIEST DINNERS
FROM TOP TV CHEFS**

The Heart-Health Danger
That Threatens Women

EXCLUSIVE INTERVIEW

**Country Superstar
Miranda Lambert**

TRY RACHAEL RAY'S
SIMPLE STEAK RECIPE

\$3.49



LHJ.com

beauty

We polled skin, hair and makeup experts to create a list of beauty products that really, truly do what they promise.

1st Annual

“This Stuff Works”

BEAUTY AWARDS

beauty



1



2



4



5



3



6



FACE CLEANSER (1)

CeraVe Hydrating Cleanser, \$11.50, is a skin staple. It's very gentle and contains ceramides to boost moisture.



← **Brooke Jackson, M.D.**, Chicago dermatologist

SMOOTHER (2)

Fekkai Advanced Brilliant Glossing Cream, \$23, works wonders on coarse and curly hair that needs frizz control and extra shine.



← **Allison Woodruff, stylist** at Marie Robinson salon in New York City

BODY LOTION (3)

Vaseline Intensive Rescue Soothing Moisture Lotion, \$3, helps rough, dry skin repair itself. It contains glycerin, an ingredient that significantly boosts the amount of moisture your skin can hold on to.



← **Ava Shamban, M.D.**, Santa Monica, California, dermatologist

HAIR COLOR (4)

L'Oréal Paris Féria Multi-Faceted Shimmering Haircolor, \$10, offers perfect results every time and application is a cinch for the at-home colorist.



← **Tippi Shorter, celebrity stylist** in New York City

SUNSCREEN (5)

Neutrogena Ultra Sheer Body Mist Sunblock SPF 70, \$11, is easy to apply to large areas—and moving targets like kids and husbands! Plus it has Helioplex, a super-effective UVA and UVB blocker. You can't beat its protection.



← **Susan Van Dyke, M.D.**, Paradise Valley, Arizona, dermatologist

SHAMPOO AND CONDITIONER (6)

Pantene Pro-V Restore Beautiful Lengths Shine Enhance Collection is a fantastic drugstore buy. The shampoo, \$6, brightens dull hair and the conditioner, \$6, is an ultra-nourishing treatment.



← **Kim Gueldner, stylist** at Rita Hazan in New York City